

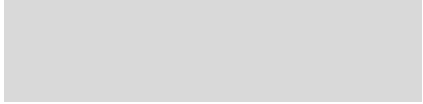
**Menu Name:** LUNCH MIDDLE AND K8

**Include Cost:** No

**Site:**

**Use Alternate Menu Name:** No

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|                             | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|-----------------------------|--------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
| 990391 SAUCE, MUSTARD, INDV | POUCH        | 1         | 5                        | 50                     | 0                | *N/A*            | 0.00      | 0.00                    | 0           | 0.50     | 0.00      | 0.50      |
| Weighted Daily Average      |              |           | 2009                     | 3048                   | *96              | *14              | 68.39     | *0.00                   | *120        | 265.60   | *25.28    | 83.29     |
| % of Calories               |              |           |                          |                        | *19.1%           | *2.8%            | 30.6%     | *0.0%                   |             | 52.9%    |           | 16.6%     |
| Weekly Nutrient Guideline   |              |           | 600 - 650                | 1110                   |                  |                  | <=0       |                         |             |          |           |           |

| Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
|--------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|

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|                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
| 000069 MILK, STRAWBERRY LACTOSE FREE | HALF PINT    | 1         | 110                      | 125                    | 17               | 6                | 0.00      | 0.00                    | 5           | 18.00    | 0.00      | 8.00      |
| Weighted Daily Average               |              |           | 1837                     | 3324                   | *133             | *14              | 58.66     | *0.00                   | *211        | *271.13  |           | *88.14    |
| % of Calories                        |              |           |                          |                        | *29.0%           | *3.0%            | 28.7%     | *0.0%                   |             | *59.0%   |           | *19.2%    |
| Weekly Nutrient Guideline            |              |           | 600 - 650                | 1110                   |                  |                  | <=0       |                         |             |          |           |           |

|   | Portion<br>Size | Reimb<br>Qty | Cals <sup>1</sup><br>(kcal) | Sodm <sup>1</sup><br>(mg) | Total<br>Sugars<br>(g) | Added<br>Sugars<br>(g) | T-Fat<br>(g) | Tr-Fat <sup>2</sup><br>(g) | Cholst<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Protn<br>(g) |
|---|-----------------|--------------|-----------------------------|---------------------------|------------------------|------------------------|--------------|----------------------------|----------------|-------------|--------------|--------------|
| 990085 LETTUCE SHRD,<br>TOM. DICED, SOUR<br>CREAM (TACOS, ETC.) | 1 SERVING       | 1            | 77                          | 22                        | *1                     | *N/A*                  | 5.33         | *0.00                      | 20             |             |              |              |

|                                    | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|------------------------------------|--------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
| 990397 DRESSING, RANCH, POUCH 12GM | POUCH        | 1         | 60                       | 90                     | 0                | *N/A*            | 6.00      | 0.00                    | 5           | 1.00     | 0.00      | 0.00      |
| 990398 MARGARINE, INDIVIDUAL       | pack         | 1         | 25                       | 40                     | 0                | *N/A*            | 2.50      | 0.00                    | 0           | 0.00     | 0.00      | 0.00      |
| 990399 SOUR CREAM, IND.            | POUCH        | 1         | 61                       | 15                     | 1                | *N/A*            | 5.06      | 0.00                    | 20          | 1.01     | 0.00      | 1.01      |
| 990392 SAUCE, TARTAR INDV          | POUCH        | 1         | 25                       | 85                     | 1                | *N/A*            | 2.50      | *N/A*                   | 5           | 1.00     | 0.00      | 0.00      |
| Weighted Daily Average             |              |           | 1862                     | 2550                   | *82              | *14              | 62.12     | *0.00                   | *166        | 238.56   | *26.40    | 86.64     |
| % of Calories                      |              |           |                          |                        | *17.6%           | *3.0%            | 30.0%     | *0.0%                   |             | 51.2%    |           | 18.6%     |
| Weekly Nutrient Guideline          |              |           | 600 - 650                | 1110                   |                  |                  | <=0       |                         |             |          |           |           |

Portion Size



|  | Portion Size  | Reimb Qty | Cals <sup>1</sup> (kcal) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--|---------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
| 991072 YOGURT & MUFFIN PLATE- (BLUEBERRY MUFFIN) | SERVING       | 1         | 397                      | 511                    | 31               | *N/A*            | 13.16     | 0.00                    | *25         | 58.30    | 0.00      | 14.06     |
| 001075 POTATO, MASHED                            | 1/2 CUP       | 1         | 92                       | 137                    | *0               | *N/A*            | 2.23      | *0.00                   | *0          | *14.29   | *0.60     | *1.19     |
| 000465 PEAS & CARROTS 1/2 CUP                    | 1/2 CUP       | 1         | 69                       | 34                     | *4               | *N/A*            | 0.89      | 0.00                    | *0          | *10.08   | *3.02     | *3.02     |
| 991087 GRAPES, FRESH, CHILLED                    | 1/2 CUP       | 1         | 56                       | 2                      | 13               | *N/A*            | 0.13      | 0.00                    | 0           | 14.78    | 0.74      | 0.59      |
| 990336 SIDEKICKS, STRAWBERRY KIWI                | 1 PORTION CUP | 1         | 80                       | 45                     | 19               | *N/A*            | 0.00      | 0.00                    | 0           | 20.00    | 0.00      | 0.00      |
| 000035 MILK, LACTOSE FREE PET                    | 1 HALF PINT   | 1         | 90                       | 130                    | 12               | *N/A*            | 0.00      | 0.00                    | 5           | 13.01    | 0.00      | 8.00      |
| 000031 MILK, CHOCOLATE LACTOSE FREE              | 1/2 PINT      | 1         | 110                      | 210                    | 17               | 6                | 0.00      | 0.00                    | 5           | 19.00    | 0.00      | 8.00      |
| 000069 MILK, STRAWBERRY LACTOSE FREE             | HALF PINT     | 1         | 110                      | 125                    | 17               | 6                | 0.00      | 0.00                    | 5           | 18.00    | 0.00      | 8.00      |
| Weighted Daily Average                           |               |           | 1698                     | 2339                   | *126             | *12              | 47.58     | *0.00                   | *189        | *223.31  | *9.75     | *89.30    |
| % of Calories                                    |               |           |                          |                        | *29.7%           | *2.8%            | 25.2%     | *0.0%                   |             | *52.6%   |           | *21.0%    |
| Weekly Nutrient Guideline                        |               |           | 600 - 650                | 1110                   |                  |                  | <=0       |                         |             |          |           |           |

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
| 990316 NACHOS, BEEF SUPREME (BEEF AND CHEESE) ES/MS | 1 SERVING    | 1         | 384                      | 271                    | *0               | *N/A*            | 26.98     | *0.00                   | *57         | 19.18    | 2.36      | 63.97     |
| 990471 LACTOSE FREE BENTO BOX- HIGH SCHOOL          | 1 BOX        | 1         | 704                      | 923                    | *26              | *13              | 36.63     | *0.00                   | 0           | 77.90    | 12.54     | 19.60     |
| 000370 MEXICALI CORN 1/2 CUP                        | HALF CUP     | 1         | 106                      | 27                     | *4               | *N/A*            | 2.72      | *0.34                   | *0          | 18.97    | 1.20      | 2.71      |



|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
| 991098 CARROTS, MEXICAN PICKLED       | 1/2 CUP      | 1         | 34                       | 300                    | *0               | *N/A*            | 0.23      | *0.00                   | *0          | 7.87     | *2.34     | 0.78      |
| 991096 PEARS, FRESH                   | 1 pear       | 1         | 101                      | 2                      | 17               | *N/A*            | 0.25      | 0.00                    | 0           | 27.11    | 5.52      | 0.64      |
| 991075 APPLESAUCE, CUPS, ASST FLAVORS | 4.5 OZ CUP   | 1         | 54                       | 1                      | 12               | 0                | 0.00      | 0.00                    | 0           | 14.39    | 1.20      | 0.00      |
| 990399 SOUR CREAM, IND.               | POUCH        | 1         | 61                       | 15                     | 1                | *N/A*            | 5.06      | 0.00                    | 20          | 1.01     | 0.00      | 1.01      |
| 000035 MILK, LACTOSE FREE PET         | 1 HALF PINT  | 1         | 90                       | 130                    | 12               | *N/A*            | 0.00      | 0.00                    | 0           | 0.00     | 0.00      | 8.00      |
|                                       |              |           |                          |                        |                  |                  |           |                         |             |          |           | 8.00      |
|                                       |              |           |                          |                        |                  |                  |           |                         |             |          |           | 112.71    |
|                                       |              |           |                          |                        |                  |                  |           |                         |             |          |           | 25.7%     |

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|                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
| 000442 BROCCOLI, SEASONED            | 1/2 c.       | 1         | 18                       | 24                     | *1               | *N/A*            | 0.00      | 0.00                    | 0           | 2.92     | *2.03     | 2.03      |
| 991077 APPLES, FRESH, W/SKIN         | 1 EACH       | 1         | 72                       | 1                      | 14               | 0                | 0.23      | 0.00                    | 0           | 19.06    | 3.31      | 0.36      |
| 990332 PEACHES, DICED CANNED         | 1/2 cup      | 1         | 59                       | 7                      | 4                | *N/A*            | 0.00      | 0.00                    | 0           | 18.49    | 1.32      | 0.00      |
| 000035 MILK, LACTOSE FREE PET        | 1 HALF PINT  | 1         | 90                       | 130                    | 12               | *N/A*            | 0.00      | 0.00                    | 5           | 13.01    | 0.00      | 8.00      |
| 000031 MILK, CHOCOLATE LACTOSE FREE  | 1/2 PINT     | 1         | 110                      | 210                    | 17               | 6                | 0.00      | 0.00                    | 5           | 19.00    | 0.00      | 8.00      |
| 000069 MILK, STRAWBERRY LACTOSE FREE | HALF PINT    | 1         | 110                      | 125                    | 17               | 6                | 0.00      | 0.00                    | 5           | 18.00    | 0.00      | 8.00      |
| 990390 SAUCE, KETCHUP IND PKS        | POUCH        | 1         | 10                       | 100                    | 2                | *N/A*            | 0.00      | 0.00                    | 0           | 3.00     | 0.00      | 0.00      |
| 990391 SAUCE, MUSTARD, INDV          | POUCH        | 1         | 5                        | 50                     | 0                | *N/A*            | 0.00      | 0.00                    | 0           | 0.50     | 0.00      | 0.50      |
| 990398 MARGARINE, INDIVIDUAL         | pack         | 1         | 25                       | 40                     | 0                | *N/A*            | 2.50      | 0.00                    | 0           | 0.00     | 0.00      | 0.00      |
| Weighted Daily Average               |              |           | 1677                     | 2411                   | *106             | *18              | 47.52     | *0.00                   | 158         | *236.74  | *17.77    | 81.30     |
| % of Calories                        |              |           |                          |                        | *25.3%           | *4.3%            | 25.5%     | *0.0%                   |             | *56.5%   |           | 19.4%     |
| Weekly Nutrient Guideline            |              |           | 600 - 650                | 1110                   |                  |                  | <=0       |                         |             |          |           |           |

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
| 990119 CHEESE DUNKERS W. MARINARA           | 2 STICKS     | 1         | 327                      | 913                    | 9                | *N/A*            | 12.66     | 0.00                    | 10          | 38.43    | 4.89      | 14.89     |
| 990884 CARROTS, BABY DOD, ROASTED, SEASONED | 1/2 CUP      | 1         | 53                       | 231                    | *4               | *N/A*            | 2.36      | *0.00                   | *0          | 7.88     | *2.66     | 0.60      |
| 000339 BEANS, PINTO, 1/2 CUP                | 1/2 CUP      | 1         | 176                      | 282                    | *3               | *N/A*            | 0.01      | 0.00                    | *0          | 31.12    | *11.92    | 9.89      |
| 991096 PEARS, FRESH                         | 1 pear       | 1         | 101                      | 2                      | 17               | *N/A*            | 0.25      | 0.00                    | 0           | 27.11    | 5.52      | 0.64      |
| 990883 FRUIT, MIXED, CANNED                 | 1/2 CUP      | 1         | 170                      | 13                     | *34              | *N/A*            | 0.00      | 0.00                    | 0           | 41.80    | 2.60      | 0.00      |
| 000035 MILK, LACTOSE FREE PET               | 1 HALF PINT  | 1         | 90                       | 130                    | 12               | *N/A*            | 0.00      | 0.00                    | 5           | 13.01    | 0.00      | 8.00      |
| 000031 MILK, CHOCOLATE LACTOSE FREE         | 1/2 PINT     | 1         | 110                      | 210                    | 17               | 6                | 0.00      | 0.00                    | 5           | 19.00    | 0.00      | 8.00      |
| 000069 MILK, STRAWBERRY LACTOSE FREE        | HALF PINT    | 1         | 110                      | 125                    | 17               | 6                | 0.00      | 0.00                    | 5           | 18.00    | 0.00      | 8.00      |
| 991070 SAUCE, MARINARA                      | 1/4 CUP      | 1         | 30                       | 195                    | 4                | *N/A*            | 0.75      | 0.00                    | 0           | 5.00     | 1.00      | 1.00      |
| 990392 SAUCE, TARTAR INDV                   | POUCH        | 1         | 25                       | 85                     | 1                | *N/A*            | 2.50      | *N/A*                   | 5           | 1.00     | 0.00      | 0.00      |
| Weighted Daily Average                      |              |           | 2055                     | 3011                   | *139             | *14              | 53.05     | *0.00                   | *80         | 304.53   | *40.94    | 86.37     |
| % of Calories                               |              |           |                          |                        | *27.1%           | *2.7%            | 23.2%     | *0.0%                   |             | 59.3%    |           | 16.8%     |
| Weekly Nutrient Guideline                   |              |           | 600 - 650                | 1110                   |                  |                  | <=0       |                         |             |          |           |           |



| Portion<br>Size | Reimb<br>Qty | Cals <sup>1</sup><br>(kcal) | Sodm <sup>1</sup><br>(mg) | Total<br>Sugars<br>(g) | Added<br>Sugars<br>(g) | T-Fat<br>(g) | Tr-Fat <sup>2</sup><br>(g) | Cholst<br>(mg) | Carb<br>(g) |
|-----------------|--------------|-----------------------------|---------------------------|------------------------|------------------------|--------------|----------------------------|----------------|-------------|
|-----------------|--------------|-----------------------------|---------------------------|------------------------|------------------------|--------------|----------------------------|----------------|-------------|

# Base Menu Spreadsheet

## Portion Values

Feb 3, 2025 thru Feb 28, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
| 991089 CHICKEN SALAD ON CROISSANT     | 1/2 CUP + 1  | 1         | 293                      | 768                    | 5                | *2               | 11.52     | 0.00                    | 40          | 33.81    | 2.81      | 16.04     |
| 990063 PIZZA, FOUR CHEESE             | 1 SLICE      | 1         | 370                      | 490                    | 9                | *N/A*            | 16.00     | 0.00                    | 35          | 35.00    | 3.00      | 21.00     |
| 990523 SALAD, KALE CAESAR             | 1 CUP        | 1         | 34                       | *6                     | 1                | *N/A*            | 0.23      | *0.00                   | *0          | 5.42     | 3.04      | 2.49      |
| 001049 VEGETABLES, CALIFORNIA BLEND   | 1/2 cup      | 1         | 27                       | 30                     | *2               | *N/A*            | 0.94      | 0.00                    | *0          | *3.02    | *1.21     | *0.60     |
| 991075 APPLESAUCE, CUPS, ASST FLAVORS | 4.5 OZ CUP   | 1         | 54                       | 1                      | 12               | 0                | 0.00      | 0.00                    | 0           | 14.39    | 1.20      | 0.00      |
| 000035 MILK, LACTOSE FREE PET         | 1 HALF PINT  | 1         | 90                       | 130                    | 12               | *N/A*            | 0.00      | 0.00                    | 5           | 13.01    | 0.00      | 8.00      |
| 000031 MILK, CHOCOLATE LACTOSE FREE   | 1/2 PINT     | 1         | 110                      | 210                    | 17               | 6                | 0.00      | 0.00                    | 5           | 19.00    | 0.00      | 8.00      |
| 000069 MILK, STRAWBERRY LACTOSE FREE  | HALF PINT    | 1         | 110                      | 125                    | 17               | 6                | 0.00      | 0.00                    | 5           | 18.00    | 0.00      | 8.00      |
| 990397 DRESSING, RANCH, POUCH 12GM    | POUCH        | 1         | 60                       | 90                     | 0                | *N/A*            | 6.00      | 0.00                    | 5           | 1.00     | 0.00      | 0.00      |
| Weighted Daily Average                |              |           | 1148                     | *1850                  | *75              | *14              | 34.69     | *0.00                   | *95         | *142.64  | *11.26    | *64.14    |
| % of Calories                         |              |           |                          |                        | *26.1%           | *4.9%            | 27.2%     | *0.0%                   |             | *49.7%   |           | *22.3%    |
| Weekly Nutrient Guideline             |              |           | 600 - 650                | 1110                   |                  |                  | <=0       |                         |             |          |           |           |

### Thursday - 02/20/2025

### Reimbursable Meal Total 1

|                                     | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|-------------------------------------|--------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
| 990779 CHICKEN, TENDERS             | 3 TENDERS    | 1         | 225                      | 390                    | 0                | *N/A*            | 10.00     | 0.00                    | 60          | 18.00    | 4.00      | 17.00     |
| 990174 ROLLS, YEAST WG 1oz          | 1 ROLL       | 1         | 85                       | 68                     | 2                | *N/A*            | 1.50      | *N/A*                   | 0           | 14.01    | 1.50      | 3.50      |
| 990134 PIZZA, 3 CHEESE GARLIC BREAD | 1 EACH       | 1         | 335                      | 802                    | *3               | *N/A*            | 14.64     | 0.00                    | 24          | 33.81    | 0.91      | 18.48     |

| Portion<br>Size | Reimb<br>Qty | Cals <sup>1</sup><br>(kcal) | Sodm <sup>1</sup><br>(mg) | Total<br>Sugars<br>(g) | Added<br>Sugars<br>(g) | T-Fat<br>(g) | Tr-Fat |
|-----------------|--------------|-----------------------------|---------------------------|------------------------|------------------------|--------------|--------|
|-----------------|--------------|-----------------------------|---------------------------|------------------------|------------------------|--------------|--------|

| Portion<br>Size | Reimb<br>Qty | Cals <sup>1</sup><br>(kcal) | Sodm <sup>1</sup><br>(mg) | Total<br>Sugars<br>(g) | Added<br>Sugars<br>(g) | T-Fat<br>(g) | Tr-Fat <sup>2</sup><br>(g) | Cholst<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Protn<br>(g) |
|-----------------|--------------|-----------------------------|---------------------------|------------------------|------------------------|--------------|----------------------------|----------------|-------------|--------------|--------------|
|-----------------|--------------|-----------------------------|---------------------------|------------------------|------------------------|--------------|----------------------------|----------------|-------------|--------------|--------------|



|                                       | Portion Size  | Reimb Qty | Cals <sup>1</sup> (kcal) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|---------------------------------------|---------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
| 990279 SAUSAGE DOG                    | 2 OZ; 1 PIECE | 1         | 399                      | 860                    | 7                | *N/A*            | 20.00     | 0.00                    | 60          | 37.00    | *2.00     | 18.00     |
| 990075 PIZZA, BUFFALO CHICKEN         | 1 SLICE       | 1         | 390                      | 750                    | 8                | *N/A*            | 19.00     | 0.00                    | 45          | 35.00    | 3.00      | 20.00     |
| 990527 SANDWICH, PBJ (Elem/Middle)    | 1 SANDWICH    | 1         | 548                      | 468                    | 18               | *2               | 25.01     | 0.00                    | *0          | 65.18    | *8.85     | 16.85     |
| 990084 POTATO, SEASONED FRIES 1/2 CUP | 1/2 CUP       | 1         | 127                      | 335                    | 0                | *N/A*            | 4.07      | 0.00                    | 0           | 20.80    | 1.81      | 1.81      |
| 000251 CARROT STICKS, 1/2 CUP         | 1/2 cup       | 1         | 25                       | 21                     | *N/A*            | *N/A*            | 0.11      | *N/A*                   | 0           | 5.98     | 1.77      | 0.61      |
| 991081 ORANGES, WEDGES                | EACH          | 1         | 76                       | 0                      | 15               | *N/A*            | 0.19      | 0.00                    | 0           | 18.99    | 3.88      | 1.52      |
| 990333 PEARS, DICED CANNED            | 1/2 cup       | 1         | 119                      | 0                      | *N/A*            | *N/A*            | 0.00      | 0.00                    | 0           | 29.15    | 3.98      | 0.00      |
| 000035 MILK, LACTOSE FREE PET         | 1 HALF PINT   | 1         | 90                       | 130                    | 12               | *N/A*            | 0.00      | 0.00                    | 5           | 13.01    | 0.00      | 8.00      |
| 000031 MILK, CHOCOLATE LACTOSE FREE   | 1/2 PINT      | 1         | 110                      | 210                    | 17               | 6                | 0.00      | 0.00                    | 5           | 19.00    | 0.00      | 8.00      |
| 000069 MILK, STRAWBERRY LACTOSE FREE  | HALF PINT     | 1         | 110                      | 125                    | 17               | 6                | 0.00      | 0.00                    | 5           | 18.00    | 0.00      | 8.00      |
| 990390 SAUCE, KETCHUP IND PKS         | POUCH         | 1         | 10                       | 100                    | 2                | *N/A*            | 0.00      | 0.00                    | 0           | 3.00     | 0.00      | 0.00      |
| 990391 SAUCE, MUSTARD, INDV           | POUCH         | 1         | 5                        | 50                     | 0                | *N/A*            | 0.00      | 0.00                    | 0           | 0.50     | 0.00      | 0.50      |
| Weighted Daily Average                |               |           | 2009                     | 3048                   | *96              |                  |           |                         |             |          |           |           |



Portion  
Size

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
| 990366 CORN, SEASONED, CANNED                             | 1/2 CUP      | 1         | *33                      | *36                    | *0               | *N/A*            | *3.56     | *0.00                   | *0          | *0.16    | *0.00     | *0.00     |
| 990452 BEANS, BLACK, SEASONED                             | 1/2 CUP      | 1         | 145                      | 207                    | 1                | *N/A*            | 0.84      | 0.00                    | 0           | 25.41    | 5.73      | 8.02      |
| 991077 APPLES, FRESH, W/SKIN                              | 1 EACH       | 1         | 72                       | 1                      | 14               | 0                | 0.23      | 0.00                    | 0           | 19.06    | 3.31      | 0.36      |
| 991071 RIPS, BLUE RASPBERRY                               | 1 POUCH      | 1         | 60                       | 15                     | 12               | *N/A*            | *N/A*     | *N/A*                   | *N/A*       | 15.00    | *N/A*     | *N/A*     |
| 000035 MILK, LACTOSE FREE PET                             | 1 HALF PINT  | 1         | 90                       | 130                    | 12               | *N/A*            | 0.00      | 0.00                    | 5           | 13.01    | 0.00      | 8.00      |
| 000031 MILK, CHOCOLATE LACTOSE FREE                       | 1/2 PINT     | 1         | 110                      | 210                    | 17               | 6                | 0.00      | 0.00                    | 5           | 19.00    | 0.00      | 8.00      |
| 000069 MILK, STRAWBERRY LACTOSE FREE                      | HALF PINT    | 1         | 110                      | 125                    | 17               | 6                | 0.00      | 0.00                    | 5           | 18.00    | 0.00      | 8.00      |
| 990085 LETTUCE SHRD, TOM. DICED, SOUR CREAM (TACOS, ETC.) | 1 SERVING    | 1         | 77                       | 22                     | *1               | *N/A*            | 5.33      | *0.00                   | 20          | 4.54     | 1.20      | 1.83      |
| Weighted Daily Average                                    |              |           | *1919                    | *3471                  | *106             | *19              | *65.87    | *0.04                   | *213        | *233.04  | *24.00    | *98.60    |
| % of Calories   |              |           |                          |                        | *22.1%           | *4.0%            | *30.9%    | *0.0%                   |             | *48.6%   |           | *20.6%    |
| Weekly Nutrient Guideline                                 |              |           | 600 - 650                | 1110                   |                  |                  | <=0       |                         |             |          |           |           |

|                              | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat <sup>2</sup> (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|------------------------------|--------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
| 990440 FISH, NUGGETS BREADED | 4 nuggets    | 1         | 230                      | 290                    | 1                | *N/A*            | 8.00      | 0.00                    | 50          | 23.00    | 2.00      | 15.00     |



*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*

*<sup>1</sup> - denotes required nutrient values*

*<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

***NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.***