

Menu Name: LUNCH ELEMENTARY

Include Cost: No

Site:

Use Alternate Menu Name: No

Portion

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|-----------------------------|--------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
| 990391 SAUCE, MUSTARD, INDV | POUCH | 1 | 5 | 50 | 0 | *N/A* | 0.00 | 0.00 | 0 | 0.50 | 0.00 | 0.50 |
| Weighted Daily Average | | | 2009 | 3048 | *96 | *14 | 68.39 | *0.00 | *120 | 265.60 | *25.28 | 83.29 |
| % of Calories | | | | | *19.1% | *2.8% | 30.6% | *0.0% | | 52.9% | | 16.6% |
| Weekly Nutrient Guideline | | | 550 - 650 | 1110 | | | <=0 | | | | | |

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
| 990295 ROTINI WITH MEATBALLS ES/MS | 1/2 CUP | 1 | 348 | 573 | 8 | *N/A* | 16.32 | 0.00 | 36 | 32.47 | 4.66 | 19.60 |
| 990880 PORK, BBQ RIBLET ON BUN | 1 SANDWICH | 1 | 362 | 1056 | 20 | *N/A* | 26.10 | *0.00 | 38 | 49.40 | 2.40 | 16.40 |
| 991072 YOGURT & MUFFIN PLATE- (BLUEBERRY MUFFIN) | SERVING | 1 | 397 | 511 | 31 | *N/A* | 13.16 | 0.00 | *25 | 58.30 | 0.00 | 14.06 |
| 990202 BROCCOLI, RANCH | 1/2 CUP | 1 | 28 | 121 | *1 | *N/A* | 0.00 | 0.00 | 0 | 4.67 | *3.20 | 3.20 |
| 990309 CAULIFLOWER, SEASONED | 1/2 CUP | 1 | 30 | 25 | 3 | *N/A* | 0.49 | 0.00 | 0 | 5.69 | 2.28 | 2.01 |
| 000229 FRUIT, FRESH ASST (1/2 CUP) | 1/2 cup | 1 | 308 | 12 | *34 | *N/A* | 1.38 | *0.00 | 0 | 79.57 | 13.85 | 3.24 |
| 991075 APPLESAUCE, CUPS, ASST FLAVORS | 4.5 OZ CUP | 1 | 54 | 1 | 12 | 0 | 0.00 | 0.00 | 0 | 14.39 | 1.20 | 0.00 |
| 000035 MILK, LACTOSE FREE PET | 1 HALF PINT | 1 | 90 | 130 | 12 | *N/A* | 0.00 | 0.00 | 5 | 13.01 | 0.00 | 8.00 |
| 000031 MILK, CHOCOLATE LACTOSE FREE | 1/2 PINT | 1 | 110 | 210 | 17 | 6 | 0.00 | 0.00 | 5 | 19.00 | 0.00 | 8.00 |

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
| 000069 MILK, STRAWBERRY LACTOSE FREE | HALF PINT | 1 | 110 | 125 | 17 | 6 | 0.00 | 0.00 | 5 | 18.00 | 0.00 | 8.00 |
| Weighted Daily Average | | | 1838 | 2764 | *154 | *12 | 57.46 | *0.00 | *114 | 294.49 | *27.59 | 82.51 |
| % of Calories | | | | | *33.5% | *2.6% | 28.1% | *0.0% | | 64.1% | | 18.0% |
| Weekly Nutrient Guideline | | | 550 - 650 | 1110 | | | <=0 | | | | | |

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
| 001219 CASSEROLE, CHICKEN & RICE | 1 cup | 1 | 225 | 692 | *1 | *N/A* | 8.39 | *0.00 | *47 | 26.17 | *0.60 | 16.58 |
| 990061 HOT HAM & CHEESE HS | 1 each | 1 | 319 | 830 | 5 | *N/A* | 13.96 | 0.00 | 56 | 29.14 | 2.00 | 20.56 |
| 991112 SANDWICH, PIMENTO CHEESE HS | 1 SANDWICH | 1 | 394 | 812 | *2 | *2 | 30.08 | *0.00 | *93 | 28.95 | *4.09 | 20.39 |
| 991078 CABBAGE, SAUTEED | 1/2 CUP | 1 | 50 | 448 | *0 | *0 | 2.58 | *0.00 | *0 | 6.70 | *2.77 | 1.73 |
| 990122 CARROTS, SWEET GLAZED 1/2 CUP | 1/2 CUP | 1 | 57 | 66 | *9 | *N/A* | 1.26 | *0.00 | *0 | *11.44 | *2.69 | *0.64 |
| 000229 FRUIT, FRESH ASST (1/2 CUP) | 1/2 cup | 1 | 308 | 12 | *34 | *N/A* | 1.38 | *0.00 | 0 | 79.57 | 13.85 | 3.24 |
| 000289 STRAWBERRY DELIGHT | 1/2 cup | 1 | 173 | 0 | 36 | *N/A* | 1.00 | 0.00 | 0 | 39.17 | 2.01 | 1.00 |
| 000035 MILK, LACTOSE FREE PET | 1 HALF PINT | 1 | 90 | 130 | 12 | *N/A* | 0.00 | 0.00 | 5 | 13.01 | 0.00 | 8.00 |
| 000031 MILK, CHOCOLATE LACTOSE FREE | 1/2 PINT | 1 | 110 | 210 | 17 | 6 | 0.00 | 0.00 | 5 | 19.00 | 0.00 | 8.00 |

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
| 000069 MILK, STRAWBERRY LACTOSE FREE | HALF PINT | 1 | 110 | 125 | 17 | 6 | 0.00 | 0.00 | 5 | 18.00 | 0.00 | 8.00 |
| Weighted Daily Average | | | 1837 | 3324 | *133 | *14 | 58.66 | *0.00 | *211 | *271.13 | *28.01 | *88.14 |
| % of Calories | | | | | *29.0% | *3.0% | 28.7% | *0.0% | | *59.0% | | *19.2% |
| Weekly Nutrient Guideline | | | 550 - 650 | 1110 | | | <=0 | | | | | |

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
|--|--------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|

990938 WALKING TACO, 1 SERVING
BEEF AND DORITOS

| Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) |
|-----------------|--------------|-----------------------------|---------------------------|------------------------|------------------------|
|-----------------|--------------|-----------------------------|---------------------------|------------------------|------------------------|



Portion
Size

Reimb
Qty

| Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | |
|-----------------|--------------|-----------------------------|---------------------------|------------------------|------------------------|--------------|----------------------------|----------------|-------------|--|
|-----------------|--------------|-----------------------------|---------------------------|------------------------|------------------------|--------------|----------------------------|----------------|-------------|--|

| Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Total |
|-----------------|--------------|-----------------------------|---------------------------|-------|
|-----------------|--------------|-----------------------------|---------------------------|-------|

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--|-----------------|--------------|-----------------------------|---------------------------|------------------------|------------------------|--------------|----------------------------|----------------|-------------|--------------|--------------|
|--|-----------------|--------------|-----------------------------|---------------------------|------------------------|------------------------|--------------|----------------------------|----------------|-------------|--------------|--------------|

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| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
| 000145 CHEESEBURGER | EACH | 1 | 331 | 623 | 5 | *N/A* | 14.06 | 0.00 | 48 | 29.01 | 3.00 | 24.53 |
| 990204 HAMBURGER | EACH | 1 | 280 | 370 | 4 | *N/A* | 9.50 | 0.00 | 35 | 28.00 | 3.00 | 22.00 |
| 990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER) | 1 each | 1 | 17 | 200 | *0 | *N/A* | 0.27 | *0.00 | 0 | 3.58 | 1.23 | 0.84 |
| 990259 PORK, BBQ SANDWICH (PURCHASED) | SANDWICH | 1 | 440 | 334 | 11 | *N/A* | 18.56 | | | | | |

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--|-----------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
| 991080 CHICKEN, DRUMS & THIGHS HS - USDA | 1 DRUM OR THIGH | 1 | 230 | 490 | 0 | *N/A* | 14.00 | 0.00 | 75 | 11.00 | 1.00 | 16.00 |
| 990174 ROLLS, YEAST WG 1oz | 1 ROLL | 1 | 85 | 68 | 2 | *N/A* | 1.50 | *N/A* | 0 | 14.01 | 1.50 | 3.50 |
| 990077 PIZZA, PEPPERONI | 1 SLICE | 1 | 370 | 560 | 9 | *N/A* | 17.00 | 0.00 | 45 | 35.00 | 3.00 | 21.00 |
| 991072 YOGURT & MUFFIN PLATE- (BLUEBERRY MUFFIN) | SERVING | 1 | 397 | 511 | 31 | *N/A* | 13.16 | 0.00 | *25 | 58.30 | 0.00 | 14.06 |
| 001648 GREEN BEANS, CANNED, USDA | 1/2 cup | 1 | 16 | 132 | *0 | *N/A* | 0.00 | 0.00 | 0 | 3.41 | 1.89 | 0.94 |
| 990338 CARROTS, BABY, DOD | 1/2 cup | 1 | 25 | 55 | 3 | *N/A* | 0.09 | 0.00 | 0 | 5.79 | 2.04 | 0.45 |
| 000229 FRUIT, FRESH ASST (1/2 CUP) | 1/2 cup | 1 | 308 | 12 | *34 | *N/A* | 1.38 | *0.00 | 0 | 79.57 | 13.85 | 3.24 |
| 990625 STRAWBERRY DELIGHT HS 1 CUP | 1 cup | 1 | 324 | 0 | 69 | *N/A* | 1.00 | 0.00 | 0 | 74.87 | 3.89 | |

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
| 991132 BRUNSWICH STEW HS/MS, PIEDMONT PREMADE | 8 oz. | 1 | 280 | 480 | 10 | 3 | 14.00 | 0.00 | 50 | 30.00 | 5.00 | 12.00 |
| 001257 BREAD, BATTER, SCRATCH | 2 oz | 1 | 124 | 193 | *6 | *N/A* | 1.60 | *0.00 | *12 | 24.52 | *2.93 | 4.71 |
| 991089 CHICKEN SALAD ON CROISSANT | 1/2 CUP + 1 | 1 | 293 | 768 | 5 | *2 | 11.52 | 0.00 | 40 | 33.81 | 2.81 | 16.04 |
| 990063 PIZZA, FOUR CHEESE | 1 SLICE | 1 | 370 | 490 | 9 | *N/A* | 16.00 | 0.00 | 35 | 35.00 | 3.00 | 21.00 |

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
| 990779 CHICKEN, TENDERS | 3 TENDERS | 1 | 225 | 390 | 0 | *N/A* | 10.00 | 0.00 | 60 | 18.00 | 4.00 | 17.00 |
| 990174 ROLLS, YEAST WG 1oz | 1 ROLL | 1 | 85 | 68 | 2 | *N/A* | 1.50 | *N/A* | 0 | 14.01 | 1.50 | 3.50 |
| 990134 PIZZA, 3 CHEESE GARLIC BREAD | 1 EACH | 1 | 335 | 802 | *3 | *N/A* | 14.64 | 0.00 | 24 | 33.81 | 0.91 | 18.48 |
| 990607 BENTO BOX | 1 BOX | 1 | 589 | 632 | *42 | *N/A* | 24.35 | *0.00 | 82 | 80.41 | 6.00 | 16.78 |
| 990783 GLAZED SWEET POTATOES, ES/K8/MIDDLE 1/2 CUPS | 1/2 CUP | 1 | 252 | *111 | *27 | *N/A* | *5.09 | *0.00 | *0 | *49.81 | *3.28 | *1.09 |
| 990805 CUCUMBERS, FRESH, SLICED | 1/2 CUP | 1 | 81 | 127 | 4 | *N/A* | 6.08 | 0.00 | 5 | 7.74 | 0.38 | 0.49 |
| 991077 APPLES, FRESH, W/SKIN | 1 EACH | 1 | 72 | 1 | 14 | 0 | 0.23 | 0.00 | 0 | 19.06 | 3.31 | 0.36 |
| 001262 PEARS, ROSY | HALF CUP | 1 | 108 | 18 | *5 | *N/A* | 0.00 | 0.00 | 0 | 26.43 | 2.86 | 0.32 |
| 000035 MILK, LACTOSE FREE PET | 1 HALF PINT | 1 | 90 | 130 | 12 | *N/A* | 0.00 | 0.00 | 5 | 13.01 | 0.00 | 8.00 |
| 000031 MILK, CHOCOLATE LACTOSE FREE | 1/2 PINT | 1 | 110 | 210 | 17 | 6 | 0.00 | 0.00 | 5 | 19.00 | 0.00 | 8.00 |
| 000069 MILK, STRAWBERRY LACTOSE FREE | HALF PINT | 1 | 110 | 125 | 17 | 6 | 0.00 | 0.00 | 5 | 18.00 | 0.00 | 8.00 |
| 991068 DRESSING, HONEY MUSTARD IND PK | 1 OZ PK | 1 | 80 | 125 | 5 | *N/A* | 6.00 | 0.00 | 10 | 7.00 | 0.00 | 0.00 |
| Weighted Daily Average | | | 2137 | *2738 | *148 | *12 | *67.90 | *0.00 | *196 | *306.28 | *22.24 | *82.03 |
| % of Calories | | | | | *27.7% | *2.2% | *28.6% | *0.0% | | *57.3% | | *15.4% |
| Weekly Nutrient Guideline | | | 550 - 650 | 1110 | | | <=0 | | | | | |

Base Menu Spreadsheet

Portion Values

Feb 3, 2025 thru Feb 28, 2025

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
| 990132 SANDWICH, FISH | 1 SANDWICH | 1 | 300 | 380 | 4 | *N/A* | 7.50 | 0.00 | 50 | 42.00 | 4.00 | 20.00 |
| 990139 SANDWICH, COUNTRY FRIED STEAK | 1 EACH | 1 | 430 | 580 | 5 | *N/A* | 19.50 | 0.00 | 30 | 45.00 | 4.00 | 21.00 |
| 990527 SANDWICH, PBJ (Elem/Middle) | 1 SANDWICH | 1 | 548 | 468 | 18 | *2 | 25.01 | 0.00 | *0 | 65.18 | *8.85 | 16.85 |
| 990290 COLLARD GREENS, SOUTHERN | 1/2 CUP | 1 | 83 | 199 | *3 | *N/A* | 2.53 | *0.00 | 0 | 9.60 | 2.32 | 2.86 |
| 990052 POTATO, FRENCH FRIES 1/2 CUP | 1/2 CUP | 1 | 96 | 24 | 0 | *N/A* | 3.60 | 0.00 | 0 | 15.21 | 1.60 | 1.60 |
| 000229 FRUIT, FRESH ASST (1/2 CUP) | 1/2 cup | 1 | 308 | 12 | *34 | *N/A* | 1.38 | *0.00 | 0 | 79.57 | 13.85 | 3.24 |
| 990883 FRUIT, MIXED, CANNED | 1/2 CUP | 1 | 170 | 13 | *34 | *N/A* | 0.00 | 0.00 | 0 | 41.80 | 2.60 | 0.00 |
| 991118 COOKIE DOUGH, CHOC CHIP WG | 1 COOKIE | 1 | 104 | 94 | 9 | 0 | 3.15 | 0.00 | 10 | 18.50 | 1.92 | 1.69 |
| 000035 MILK, LACTOSE FREE PET | 1 HALF PINT | 1 | 90 | 130 | 12 | *N/A* | 0.00 | 0.00 | 5 | 13.01 | 0.00 | 8.00 |
| 000031 MILK, CHOCOLATE LACTOSE FREE | 1/2 PINT | 1 | 110 | 210 | 17 | 6 | 0.00 | 0.00 | 5 | 19.00 | 0.00 | 8.00 |
| 000069 MILK, STRAWBERRY LACTOSE FREE | HALF PINT | 1 | 110 | 125 | 17 | 6 | 0.00 | 0.00 | 5 | 18.00 | 0.00 | 8.00 |
| 990237 SAUCE, MAYONAISE, LIGHT, IND | 1 PACK | 1 | 40 | 85 | 0 | *N/A* | 4.00 | 0.00 | 5 | 0.00 | 0.00 | 0.00 |
| 990391 SAUCE, MUSTARD, INDV | POUCH | 1 | 5 | 50 | 0 | *N/A* | 0.00 | 0.00 | 0 | 0.50 | 0.00 | 0.50 |
| 990392 SAUCE, TARTAR INDV | POUCH | 1 | 25 | 85 | 1 | *N/A* | 2.50 | *N/A* | 5 | 1.00 | 0.00 | 0.00 |
| Weighted Daily Average | | | 2419 | 2454 | *153 | *14 | 69.18 | *0.00 | *115 | 368.36 | *39.14 | 91.74 |
| % of Calories | | | | | *25.3% | *2.3% | 25.7% | *0.0% | | 60.9% | | 15.2% |
| Weekly Nutrient Guideline | | | 550 - 650 | 1110 | | | <=0 | | | | | |

Monday - 02/24/2025

Reimbursable Meal Total 1

| Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) |
|-----------------|--------------|-----------------------------|---------------------------|
|-----------------|--------------|-----------------------------|---------------------------|

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
| 990061 HOT HAM & CHEESE HS | 1 each | 1 | 319 | 830 | 5 | *N/A* | 13.96 | 0.00 | 56 | 29.14 | 2.00 | 20.56 |
| 991112 SANDWICH, PIMENTO CHEESE HS | 1 SANDWICH | 1 | 394 | 812 | *2 | *2 | 30.08 | *0.00 | *93 | 28.95 | *4.09 | 20.39 |
| 991078 CABBAGE, SAUTEED | 1/2 CUP | 1 | 50 | 448 | *0 | *0 | 2.58 | *0.00 | *0 | 6.70 | *2.77 | 1.73 |
| 990122 CARROTS, SWEET GLAZED 1/2 CUP | 1/2 CUP | 1 | 57 | 66 | *9 | *N/A* | 1.26 | *0.00 | *0 | *11.44 | *2.69 | *0.64 |
| 000229 FRUIT, FRESH ASST (1/2 CUP) | 1/2 cup | 1 | 308 | 12 | *34 | *N/A* | 1.38 | *0.00 | 0 | 79.57 | 13.85 | 3.24 |
| 000289 STRAWBERRY DELIGHT | 1/2 cup | 1 | 173 | 0 | 36 | *N/A* | 1.00 | 0.00 | 0 | 39.17 | 2.01 | 1.00 |
| 000035 MILK, LACTOSE FREE PET | 1 HALF PINT | 1 | 90 | 130 | 12 | *N/A* | 0.00 | 0.00 | 5 | 13.01 | 0.00 | 8.00 |
| 000031 MILK, CHOCOLATE LACTOSE FREE | 1/2 PINT | 1 | 110 | 210 | 17 | 6 | 0.00 | 0.00 | 5 | 19.00 | 0.00 | 8.00 |
| 000069 MILK, STRAWBERRY LACTOSE FREE | HALF PINT | 1 | 110 | 125 | 17 | 6 | 0.00 | 0.00 | 5 | 18.00 | 0.00 | 8.00 |
| Weighted Daily Average | | | 1837 | 3324 | *133 | *14 | 58.66 | *0.00 | *211 | *271.13 | *28.01 | *88.14 |
| % of Calories | | | | | *29.0% | *3.0% | 28.7% | *0.0% | | *59.0% | | *19.2% |
| Weekly Nutrient Guideline | | | 550 - 650 | 1110 | | | <=0 | | | | | |

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
| 990366 CORN, SEASONED, CANNED | 1/2 CUP | 1 | *33 | *36 | *0 | *N/A* | *3.56 | *0.00 | *0 | *0.16 | *0.00 | *0.00 |
| 990452 BEANS, BLACK, SEASONED | 1/2 CUP | 1 | 145 | 207 | 1 | *N/A* | 0.84 | 0.00 | 0 | 25.41 | 5.73 | 8.02 |
| 991077 APPLES, FRESH, W/SKIN | 1 EACH | 1 | 72 | 1 | 14 | 0 | 0.23 | 0.00 | 0 | 19.06 | 3.31 | 0.36 |
| 991071 RIPS, BLUE RASPBERRY | 1 POUCH | 1 | 60 | 15 | 12 | *N/A* | *N/A* | *N/A* | *N/A* | 15.00 | *N/A* | *N/A* |
| 000035 MILK, LACTOSE FREE PET | 1 HALF PINT | 1 | 90 | 130 | 12 | *N/A* | 0.00 | 0.00 | 5 | 13.01 | 0.00 | 8.00 |
| 000031 MILK, CHOCOLATE LACTOSE FREE | 1/2 PINT | 1 | 110 | 210 | 17 | 6 | 0.00 | 0.00 | 5 | 19.00 | 0.00 | 8.00 |
| 000069 MILK, STRAWBERRY LACTOSE FREE | HALF PINT | 1 | 110 | 125 | 17 | 6 | 0.00 | 0.00 | 5 | 18.00 | 0.00 | 8.00 |
| 990085 LETTUCE SHRD, TOM, DICED, SOUR CREAM (TACOS, ETC.) | 1 SERVING | 1 | 77 | 22 | *1 | *N/A* | 5.33 | *0.00 | 20 | 4.54 | 1.20 | 1.83 |
| Weighted Daily Average | | | *1919 | *3471 | *106 | *19 | *65.87 | *0.04 | *213 | *233.04 | *24.00 | *98.60 |
| % of Calories | | | | | *22.1% | *4.0% | *30.9% | *0.0% | | *48.6% | | *20.6% |
| Weekly Nutrient Guideline | | | 550 - 650 | 1110 | | | <=0 | | | | | |

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------|------------------|-----------|-------------------------|-------------|----------|-----------|-----------|
| 990440 FISH, NUGGETS BREADED | 4 nuggets | 1 | 230 | 290 | 1 | *N/A* | 8.00 | 0.00 | 50 | 23.00 | 2.00 | 15.00 |
| 900002 FS/MS CORNBREAD- 1oz Grain | 5x5 piece | 1 | 106 | 157 | *4 | *N/A* | 3.30 | 0.00 | *15 | 16.92 | *1.62 | 2.84 |
| 000038 CHILI CON CARNE WITH BEANS 1/2 CUP | .5 CUP | 1 | 193 | 716 | *5 | *0 | 5.79 | 0.00 | 41 | 19.54 | 6.61 | 16.72 |

Base Menu Spreadsheet

Portion Values

Feb 3, 2025 thru Feb 28, 2025

| | | | | | | | | | | | |
|---------------|--|--|--|--------|-------|--------|-------|--|--------|--|--------|
| % of Calories | | | | *25.7% | *3.1% | *28.1% | *0.0% | | *56.0% | | *18.5% |
|---------------|--|--|--|--------|-------|--------|-------|--|--------|--|--------|

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.